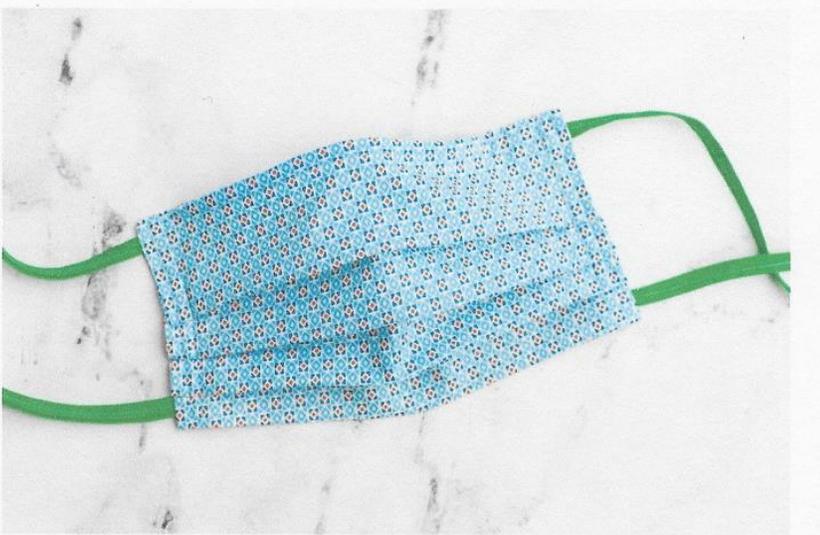


## Fabric Mask (Updated 4-3-2020)



### Materials

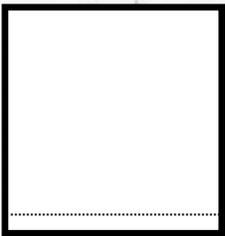
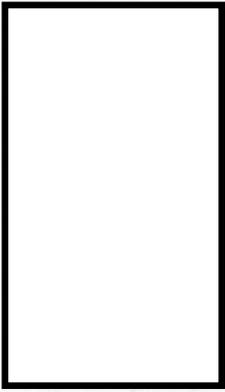
- Mask - Poly/cotton blend or 100% Cotton fabric, tightly woven
  - Ties - 100% cotton –  $\frac{1}{4}$  to  $\frac{1}{2}$ " double fold bias tape or fabric made ties finished to  $\frac{1}{4}$ " Instructions (we prefer ties over elastic)
1. Cut 1 rectangle 16" long and 8  $\frac{1}{2}$ " wide. Make ties that are each 18" long – if the material you use will fray when washed, please either sew off the end or tie a knot at the end.
  2. Fold fabric in half, with right side together. Sew along the 8  $\frac{1}{2}$  " side using a  $\frac{5}{8}$ " seam allowance. Press the seam open and press positioning the seam at the bottom.
  3. Pin one end of each tie to the corners with remainder of the ties sandwiched inside the two layers of fabric.
  4. Sew the sides of the facemask, leaving a 3" opening on one side to allow mask to be turned right side out. Be sure to backstitch several times where the ties are in order to secure them.
  5. Clip the corners, turn mask right side out, top stitch on the side where opening is and press with iron.
  6. Create 3 evenly spaced  $\frac{1}{2}$ " pleats. Pin the folds in place, making sure all pleats are facing the same direction. Sew down each side to secure the pleats. Note: When the mask is worn, the pleats should open downwards to prevent any particles from collecting in the fold pockets.

**SEE PAGE 2 FOR INSTRUCTIONS WITH PICTURES**

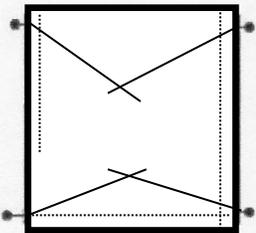
## Fabric Mask (Updated 4-3-2020)

Cut one rectangle, 8 ½" wide by 16" long. Cut/make four 18" ties using 100% cotton – ¼ to ½" double fold bias tape or fabric made finished to ¼".

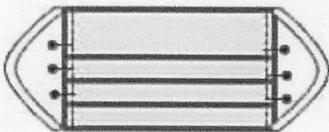
Ties should end up being ½" wide or less.



Fold in half and sew along the bottom edge 5/8" seam.



Sandwich the fabric ties between the layers of the mask. Pin in place at the corners and sew along both sides. Back-stitch several times over each tie. Be sure to leave a 3" opening on one side in order to turn mask right side out.



Turn mask right side out, press and top stitch over opening. Fold 3 evenly spaced ½" pleats. Pin in place and sew to secure. \*\*This picture shows elastic sew in, but we are NOT using elastic, but fabric ties.