The Why Behind the What

Employee Updates Edition

It’s that time again! Four times a year our CEO, Brian Dieter, leads employee updates and all employees are encouraged to attend.

Why do we have updates?

• Updates are one of the best ways to share important information about our goals and other important initiatives
• Updates help create alignment across the organization
• Our CEO will present important information, such as updates on the external environment, celebrate wins, review organizational goals, address any gaps within the organization, and most importantly will give each employee a chance to share feedback/ask questions.

How do you attend?

• Employees can attend any of the scheduled updates. Dates, times and locations have been listed below.
• Some nursing units will live stream sessions. Check with your supervisor to see if your department plans on doing this.

Employee Update Schedule

*All updates held in Bessie Myers unless otherwise noted

Sunday, January 20
2:30 - 3:00pm (Atrium A)

Monday, January 21
7:30 - 8:00am
2:30 - 3:00pm

Tuesday, January 22
9:00 - 9:30am
12:30 - 1:00pm
6:15 - 6:45pm

Wednesday, January 23
8:00 - 8:30am
10:30 - 11:00am

Wednesday, February 13
1:30 - 2:00pm (Nursing Assembly)

Ask a Question BEFORE Updates!

Simply click here and fill out the form. Questions will be gone through and topics that come up multiple times, along with important standalone issues will be addressed at an upcoming update session.

*Questions may be submitted anonymously.

To Do List:

• Attend an employee update and learn more about MGMC’s goals
We asked Cory Geffre, our new CNO, “Why Mary Greeley? Why now?”

Click the video to find out his response.

To learn more about Cory, who joins our staff Monday, January 14, click here.

Nominate a Volunteer!

Each year more than 500 volunteers donate their time and talents to Mary Greeley Medical Center, and one time each year you can nominate a volunteer for a Volunteer of the Year award. Volunteer Services is now accepting nominations through Friday, February 15.

Forms are available by clicking here and submissions are due to Vickie Newell in External Relations. The Auxiliary Board executive committee will determine the recipients. The awards will be given at the Volunteer Recognition event in April.

Please take a few minutes to recognize a special volunteer who embraces the spirit of volunteerism and lives our PRIDE values.
98% of Mary Greeley staff have been vaccinated for influenza!

Thank you for protecting yourselves, your family and our patients from the flu.

A quick reminder on the steps we should all be taking to prevent the spread of germs and viruses.

It is extremely important to follow standard precautions:

- Practice proper and frequent hand hygiene.
- Cover your coughs and sneezes.
- Avoid touching your eyes, nose, and mouth after your hands have touched a contaminated surface.
- Use personal protective equipment as needed. (gloves, gowns, masks)
- Educate patients, families and visitors of the importance of hand hygiene.
- Safe handling of potentially contaminated equipment or surfaces in the patient environment.
- Be diligent in following through with cleansing equipment and surfaces with the proper disinfectant.

We need everyone’s assistance in ensuring we provide a healthy environment. Please safeguard yourselves and our patients!

Did You Know?

Did you know that if you’re absent due to illness you are supposed to provide information to Employee Health regarding your symptoms?

This helps prevent us from spreading potentially infectious/communicable diseases to our patients.

If you are absent due to illness, please fill out [this form](#) and submit it to Human Resources/Employee Health.

This has become especially important with cold and flu season upon us!

Questions? Contact Employee Health at ext. 2639.
Employee Honors Multiple Physicians & Nurses for Husband’s Care

Kelly Maher, a nurse on Mary Greeley’s Medical Telemetry unit recently recognized several physicians and staff for their extraordinary care of her husband Kevin. This display of gratitude is especially meaningful because we know we are often our worse critics and as caretakers it is challenging to the ones receiving care. Kelly was deeply touched by the compassionate care they received and wrote:

“I would like to recognize the following individuals who in some way cared for my husband upon his admittance to the Mary Greeley Emergency Department, via Urgent Care North with Rapid A Fib with RVR and then to my unit 4C. From the moment he was brought by ambulance all the way to his timely discharge, he received exceptional care. I believe each person mentioned below went beyond expectations and made Kevin’s experience better than expected. Kevin said the Julie and TJ, the two paramedics who transported him were professional and focused.

Dr. Amin spent over an hour with him and made sure to invite me into the room explaining his condition and ways to help him relax. She was absolutely amazing. He really wanted to discharge early on Monday. Dr. Rasmussen okayed the discharge early and Dr. Amin did the discharge. He was so grateful for their promptness and for Jessica and Charis for getting him ready for discharge and out by 8:30.

Also kudos to House Manager Lisa for ensuring he was on my unit along with Lead RN Jenica.

I am so proud to work with such great people and to be a part of Mary Greeley and was so touched by the beautiful care he received. Thank you to all.

Since 2014, we have celebrated gratitude at Mary Greeley Medical Center by providing an opportunity for patients and families to thank caregivers who went above and beyond their expectations — while also making a gift to support the medical center.

(L to R): Hannah Eichenberger, RN; Maggie Halverson, RN; Jenica Dunavan, RN; Jessica Hilleman, RN; Jason Rasmussen, MD; Robert Shapiro, MD

- Rupal Amin, MD, Internal Medicine
- Jason Rasmussen, MD, Cardiology
- Robert Shapiro, MD, Cardiology
- Patrick Tracy DO, Hospitalist
- Lisa Briese, House Manager
- TJ Carroll, Paramedic
- Jenica Dunavan, BSN, RN, CMSRN
- Hannah Eichenberger, BSN, RN
- Maggie Halverson, RN
- Jessica Hilleman, BSN, RN
- Sarah Kraus PCT
- Andrew Luchessi, RN
- Katlyn Lyons, BSN, RN
- Charis Maldonado PCT
- Aric Phillips, RN
- Summer Thielen, PCT
- Julie Yoder, Paramedic
Employee Giving Campaign payroll deductions will begin with the January 15 paycheck. Please contact Payroll if you have any questions.

Thank you for your contributions to the Mary Greeley Gives - Employee Giving Campaign.

MILEAGE REIMBURSEMENT RATE

Effective January 6, the direct patient care related travel rate is now $0.58/mile. Business, education or training, and management is now 80% of that rate or $0.464/mile.
Happy Anniversary!

Below is list of MGMC employees who are celebrating work anniversaries this week. Thank you for your dedication to MGMC and congratulations to all of you! (Click on their name to send them a congratulatory email! If using Google Chrome, hold down ‘Ctrl’ button and click.)

<table>
<thead>
<tr>
<th>Name</th>
<th>Department</th>
<th>Years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alonzo Ardoin</td>
<td>Anesthesia</td>
<td>27 years</td>
</tr>
<tr>
<td>Kami Olesen</td>
<td>Cardiopulmonary Services</td>
<td>25 years</td>
</tr>
<tr>
<td>Denise Reischauer</td>
<td>Cath Lab</td>
<td>24 years</td>
</tr>
<tr>
<td>Evonne Fitzgerald</td>
<td>Hospice House</td>
<td>23 years</td>
</tr>
<tr>
<td>Jennifer Bahlmann-Ballantine</td>
<td>Gift Shop</td>
<td>9 years</td>
</tr>
<tr>
<td>Bill Gibson</td>
<td>Facilities</td>
<td>5 years</td>
</tr>
<tr>
<td>Jill Byerly</td>
<td>OR</td>
<td>4 years</td>
</tr>
<tr>
<td>Sarah Baker</td>
<td>4C - Med Tele</td>
<td>4 years</td>
</tr>
<tr>
<td>Melissa Caraher</td>
<td>4A - Med Tele</td>
<td>4 years</td>
</tr>
<tr>
<td>Katelyn Muhlenburg</td>
<td>3A - Med Surg</td>
<td>4 years</td>
</tr>
<tr>
<td>Kanzaidy Tjelmeland</td>
<td>Patient Access Services</td>
<td>3 years</td>
</tr>
<tr>
<td>Samantha Walker</td>
<td>Case Management</td>
<td>3 years</td>
</tr>
<tr>
<td>DeArliss Karsjen</td>
<td>Medical Staff Support</td>
<td>1 year</td>
</tr>
</tbody>
</table>

New Staff

Welcome aboard to our new employees. Make sure to say hi if you see them, or click their name to send them an email!

Peter Amstalden, MICS, EMT
Emily Banks, Dietetic Services, FSW
Adhaar Bol, Environmental Services, ESW
Margaret Burnette, HR, Receptionist
Michelle Chitty, OR, RN
Zoe Groat, Dietetic Services, FSW
Kearsten Hainzinger, Radiology, Radiologic Technologist
Amber Leader, 4B, PCT
Raissa Mafuta, Environmental Services, ESW
Kara Manternach, Behavioral Health, Psych Assistant
Ruth Powell, Rehab & Wellness, PT Assistant
Kamarin Roberts, Birthways, RN
Olivia Rothmeyer, Behavioral Health, Psych Assistant
Christian Stornello, Behavioral Health, Psych Assistant
Adrienne Tarbill, 4A, PCT
Katy Thede, Dietetic Services, FSW
Leigha Walker, Dietetic Services, FSW
Michael Willer, Hospice House, Bereavement Coordinator

DirectLine

Q: Why is Easter not recognized as a holiday at Mary Greeley?

A: Mary Greeley Medical Center recognizes six national holidays and Easter is not currently a national holiday. The official holidays observed include: New Year’s, Memorial Day, Independence Day, Labor Day, Thanksgiving, and Christmas.

Penny Bellville, HR Director
The Daily Improvements program uses the KaiNexus web-based software platform to manage ideas and opportunities for improvement (OIs). Below is a list of OIs that have been completed in the last week, along with the person who came up with the OI. To learn more about particular OI, simply click on it. (You will need to log into KaiNexus in order to see the OIs).

Keep in mind that submitting an OI that ends up implemented, results in a $10 payout and there is no limit to the number of OIs you can submit! To learn more about submitting an OI, click here.

Aren’t sure how to login to KaiNexus to submit your OI? Click here.

## Opportunity for Improvement

<table>
<thead>
<tr>
<th>Opportunity for Improvement</th>
<th>Originating Location</th>
<th>Author</th>
</tr>
</thead>
<tbody>
<tr>
<td>Decapping Lidocaine After Delivery</td>
<td>Birthways</td>
<td>Beth Rich</td>
</tr>
<tr>
<td>Birthway End of Shift Checks</td>
<td>Birthways</td>
<td>Sheri Butler</td>
</tr>
</tbody>
</table>

## Career Corner (December 2018)

### Transfers

Emily Kothmann – Psych Assistant II/Behavioral Health to PCT/5A

### Promotions

Jon DeWaard – System Administrator/IS to Senior System Administrator/IS

Charmi Geerdes – Senior BI Developer II to Senior BI Developer III

Laura Mathern – Intern/HR to Staff Development Coordinator/HR

Hebatallah Mohammed – Pharmacy Tech to Certified Pharmacy Tech

Nicole Pape – Information Security Compliance Officer to Security and Contracts Counsel

Logan Pejsha-Davis – Dietetic Services/Coordinator to Cancer Resource Center/Secretary

Matt Petersen – Supervisor/Outpatient Rehab & Wellness to Interim Director/Rehab & Wellness

Kinsey Phillips – Psych Assistant I/Behavioral Health to Psych Assistant II/Behavioral Health

Joelle Schmidt – Clinical Supervisor/3A to Director/Acute Rehab

Jackie Swanson – Senior Application Analyst II/CAS to Senior Application Analyst III/CAS

Dylan Weisshaar – Pharmacy Tech to Certified Pharmacy Tech

To congratulate the following employees, simply click on their name to send them an email!
It is what we learn after we think we know it all, that counts.

### Classes

<table>
<thead>
<tr>
<th>Date</th>
<th>Class</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.14.19</td>
<td>Nursing Orientation (PCTs)</td>
<td>Atrium A</td>
<td>8:00am - 3:30pm</td>
</tr>
<tr>
<td></td>
<td>Nursing Orientation (RNs)</td>
<td>Atrium A</td>
<td>8:00am - 4:00pm</td>
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<tr>
<td></td>
<td>ACLS New Provider (Part 1 of 2)</td>
<td>Bessie Myers</td>
<td>8:00am - 4:45pm</td>
</tr>
<tr>
<td>1.15.19</td>
<td>ACLS New Provider (Part 2 of 2)</td>
<td>Bessie Myers</td>
<td>8:00am - 1:30pm</td>
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<td></td>
<td>Nursing Grand Rounds: STEMI Update</td>
<td>Atrium AB</td>
<td>1:30 - 2:30pm</td>
</tr>
<tr>
<td>1.16.19</td>
<td>AVADE Renewal</td>
<td>Atrium A</td>
<td>8:00am - 12:30pm</td>
</tr>
<tr>
<td>1.17.19</td>
<td>Nursing Orientation (RNs)</td>
<td>Atrium A</td>
<td>8:00am - 12:30pm</td>
</tr>
<tr>
<td></td>
<td>Combative Patient/Person Response Team</td>
<td>Atrium A</td>
<td>1:00 - 3:30pm</td>
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### Grand Rounds

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.16.19</td>
<td>Saving Lives While Saving Blood</td>
<td>Atrium A</td>
<td>1.16.19</td>
<td>Update on HIV</td>
<td>Atrium A</td>
<td>1.23.19</td>
</tr>
<tr>
<td></td>
<td>K. Alex Smith, DO</td>
<td></td>
<td></td>
<td>Dan Fulton, MD</td>
<td></td>
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<tr>
<td></td>
<td>LifeServe Blood Center</td>
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<td></td>
<td>Infectious Diseases</td>
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<td></td>
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<td></td>
<td>McFarland Clinic</td>
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Couldn’t make it to Grand Rounds? Just push to access recordings of previous sessions!

### Safety First

Stay up-to-date with safety at Mary Greeley by reviewing the Weekly Safety Bulletin highlighting recent A3 findings.
A little of this...
Thank yous, classifieds, wellness tips and sometimes more!

ICMA-RC Appointments

Kevin Stone is a Certified Financial Planner with ICMA-RC and will be at Mary Greeley on Tuesday, January 29 and Wednesday, January 30 for scheduled individual sessions for employees to review their accounts, enroll in the 457, or to discuss financial goals. Meetings will be held in Atrium B. To schedule your appointment, click the button below.

Kevin will also be holding three sessions in Bessie Myers on January 30 at 7:30am, 1:30pm and 4:00pm where he will discuss the do’s and don’t’s of investing.

Planning for retirement can be scary and confusing, get a jump on it by letting Mary Greeley and ICMA-RC help!

SCHEDULE YOUR APPOINTMENT

CLASSIFIEDS

FOR SALE:
*4+br/4.5ba acreage located 3.5 miles east of I-35. 2,743 sq. ft. $379,000. Includes corn crib and outbuildings. Kitchen and bath newly remodeled. Jetted tub, heated flooring in kitchen, main floor laundry, three season porch, theater room, 30 x 36 heated garage. For more information call 515.450.9008.

FOR RENT:
*1br/1ba apartment in Somerset North Ames available now. $820/mo. Includes internet/cable, water/sewer, gas/heat, trash removal and garage. Tenant pays electric only. Features two balconies, walk-in closet, access to clubhouse and pool across the street. Multiple restaurants and shops are just a few blocks away. Please call/text 515.298.2493 if interested.

*2bd/2ba apartment available now through July 31, with the option to renew. $880/mo. 914 sq. ft. Minutes from campus, close to west Hy-Vee & Cyride. Quiet neighborhood. First floor unit, detached garage, pool, onsite laundry, cable tv, high speed internet, Landlord pays gas, water/sewer, garbage, lawn care, snow removal and heat. Also includes a membership to Anytime Fitness, which can be used at any of the three locations. Call or text 515.450.1915.
...a little of that
Weather, menu, upcoming events and sometimes more!

Weather Forecast
For up to the minute weather, visit kcci.com.

<table>
<thead>
<tr>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
<th>SAT</th>
<th>SUN</th>
<th>MON</th>
</tr>
</thead>
<tbody>
<tr>
<td>33</td>
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<td>29</td>
<td>31</td>
<td>25</td>
<td>15</td>
<td>9</td>
<td>20</td>
</tr>
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</table>

Did you know?
On January 20, 2010, rain and freezing rain fell across most of Iowa with heavy ice accumulations especially around Carroll, Greene and Boone counties. Most of these areas received over half an inch of ice accrual, with some parts reporting ice accumulations 1 to 2 inches thick. Combined with winds gusting in excess of 30 mph, the ice storm produced devastating damage to trees and utilities with some rural areas remaining without power for more than a week afterward.

What’s for Lunch?
Spicy honey brushed chicken thighs? Ummm...YUM?!?! Check them out on Thursday! Click the photo to see what we’re having the rest of the week.

Alzheimer’s Caregiver Support Group
Geared toward family caregivers of those living with Alzheimer’s, the Alzheimer’s Caregiver Support Group meets the second Thursday of every month from 6:30 - 8:00pm in Atrium B. There is no cost to attend.

This support group provides caregivers an opportunity to learn more about Alzheimer’s disease or other dementias, as well as hear from other caregivers who have had similar experiences or have the same questions and concerns.

If you would like more information or have any questions, please contact volunteer facilitator Randy Allman at 515.239.6862 or Katherine Werner at 515.239.2502.

To place an ad, submit a story idea or thank you, or to provide feedback, please email mgmcgram@mgmc.com.
All photos MUST be 8"x10" - 1 entry per category, per person.
Entries must be brought to Community Relations by Friday, Jan 18.
Submit all entries with your NAME, DEPARTMENT, CATEGORY and TITLE, printed on the back.
Do not submit photos in a mat or frame, a mat will be provided for your entries.
Open to all employees, retirees and volunteers.

Questions? Contact Stephanie Marsau at marsau@mgmc.com or ext. 2686.
COME GET OUT OF THE COLD WITH YOUR FRIENDS AT
TAILGATE TRIVIA
presented by:
Mary Greeley Auxiliary

Friday, January 18, 2019
Doors open at 6pm
Trivia starts promptly at 7pm

Ames Golf and Country Club
5752 George Washington Carver Ave, Ames, IA 50010

Register online: www.mgmc.org/tailgatetrivia
Deadline to register is Wednesday, January 16, 2019

When registering please provide:
- Payment with Debit or Credit Card
- Names and emails of all participating

For questions call Mary Greeley External Relations at 515-239-2210.

- $25 per person, 8 people per table.
- Casual, Luau themed clothing if you choose.
- Please bring your own food to share with your table
  (suggestions: meat, cheese, crackers, finger foods) no food will be available for purchase.
- All beverages must be purchased at Ames Golf and Country Club.

*Disclaimer:
If inclement weather cancels this event there will be no refunds,
instead your donations will be used to support
programs and services of the Mary Greeley Auxiliary.